NR 281 Introduction to Recreation and Parks

Syllabus – Fall 2023

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Course Information

Instructor Information

- Chris McCart, Ph.D., Assistant Professor, TNR 182, 715-346-2076, cmccart@uwsp.edu
- Office Hours: Tuesdays 1:00-2:00, Wednesdays 11:00-12:00 or Thursdays 9:00-10:00 @ TNR 182, or by appointment.

Course Information

- **Catalog Description:** Introduction to recreation theory and practice. Techniques for developing, leading, and assessing recreation programs for participants of different ages, abilities, and backgrounds in a variety of outdoor settings.
- Credits: Three (3)
- Lecture: Wednesdays 3:00-3:50 p.m. TNR 255
- Discussion: Fridays 3:00-4:50 TNR 254 & other locations posted in weekly schedule
- Treehaven Field Trip: 8:00 a.m. Saturday, September 16 7:00 p.m. Sunday, September 17
- Final Exam: Wednesday, December 20 8:00-10:00 a.m. TNR 255
- Make Up Day: Friday, December 15 3:00-5:00 p.m. TNR 254

Communication Guidelines

- **Preferred Methods:** I encourage you to visit in person if you have questions, ideas that you wish to explore, or problems related to the class. If you prefer to visit via zoom, please email me to schedule a time and get a link. Email also works. I am available during my official office hours; you are welcome to drop in any time my office door is open.
- Email Guidelines: Use your university email and include your full name, the name of the course you are in, and a clear, concise description of your question and what you have done so far to answer your question. Include the entire thread of an ongoing email conversation.
- **Timely:** The best time to communicate is 24 hours or more ahead of the deadlines and absences. In the case of serious illness or emergency, communicate as soon as possible.
- **Expected Instructor Response Times:** Emails will usually be responded to within 24 hours during regular business hours. Assignments are usually graded within one week.

Required Textbook

Martin, B., Breuning, M., Wagstaff, M., & Goldenberg, M. (2017). Outdoor leadership: Theory and practice. (2nd ed.). Human Kinetics.

Course Learning Outcomes

- By the end of the course, you will be able to....
 - A. Differentiate between various professional contexts and settings in which outdoor recreation and education is practiced.
 - B. Identify and describe historical influences that have affected the development of the outdoor recreation and education profession in the United States.
 - C. Identify and describe selected assumptions, concepts, and theories related to the practice of outdoor leadership, including leadership theories, judgment and decision making, group dynamics, values and ethics, and teaching and facilitation.
 - D. Identify and describe basic principles of safety and risk management used to minimize accident potential in outdoor recreation and education experiences.
 - E. Identify and describe basic principles of parks and protected areas management used to minimize environmental impacts related to recreational and educational use of natural environments.
 - F. Explain the value of outdoor recreation and education to individuals, communities, and society at large.
 - G. Identify and utilize professional resources as a basis for continued professional development in the field of recreation and leisure services.

Course Structure

• The modality for this course is in-person and on paper. Wednesdays are for lectures and Fridays are for discussions and experiential learning. Homework is due Fridays at 3:00 on paper.

Attendance and Participation

• Learning is an active process. Students should come to class prepared to actively participate (i.e., discover solutions to problems, answer questions, engage in discussions). You are expected to attend all scheduled classes and to have completed all necessary preparations for engaging in the course. If you will be absent, email the instructor and complete and turn in a hard copy of your homework prior to your absence. Check the resources available on Canvas and ask a classmate to share notes. Contact the instructor for permission for alternative arrangements.

Weekly Scheduleⁱ

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Week	Dates		Readings	Lecture: Wednesdays 3-3:50 TNR 255	Discussion: Fridays 3:00-4:50 TNR 254/Schmeeckle		Assignments: Due Friday @ 3:00 Turn in hard copy
Unit	1: Outdoor Et	hics					
1	Sept. 6 & 8		Syllabus	Introductions & Orientation Driver Recruitment Assign: Week 1 Project	Schmeeckle Rental Center Tour, Patrol Assignments, LNT Project Planning Time & Assign LNT Project		Week 1 Project: Orientation Worksheet
2	Sept. 13 & 15		LNT Skills & Ethics Booklet	Ethical Issues in Outdoor Recreation <i>Assign LNT Essay</i>	Land-Based Outdoor Recreation @ Schmeeckle		LNT Project Due
	Treehaven 9/16 8am > 9/17 7pm						LNT Level 1 Training Preparation & Participation ⁱⁱ
Unit	2: Foundation	s of	Outdoor Recreation	1			
3	Sept. 20 & 22		Outdoor Leadership Ch. 1	Definitions Assign Biographical Sketches	Class Exercise: Mapping the Profession		LNT Essay Due
4	Sept. 27 & 29		Outdoor Leadership Ch. 2	History Assign Professional Dev. Essay	Leaders in Outdoor Recreation		Biographical Sketches Due
5	Oct. 4 & 6		Outdoor Leadership Ch. 3	Outdoor Recreation as Professional Practice Assign Facilitation Style Self-Assess	Water-Based Outdoor Experience		Professional Development Essay Due
Unit	3: Facilitation	and	d Teaching of Outdo	or Recreation Experiences			
6	Oct. 11 & 13		Outdoor Leadership Ch. 8	Understanding Facilitation Assign Reflection Essay	Teambuilding Experience		Facilitation Style Self- Assessment Due
7	Oct. 18 & 20		Outdoor Leadership Ch.12	Teaching Strategies Assign Outdoor Skill Lesson	Teaching Strategies		Reflection Essay Due
8	Oct. 25 & 27		Outdoor Leadership Ch.10	Group Development Review for Midterm	Outdoor Skill Lessons		Outdoor Skill Lesson Due
9	Nov. 1 & 3		Review	Midterm Exam Assign EAP Essay	Outdoor Skill Lessons		Outdoor Skill Lessons Continued Treehaven Make Up Project Due 11/1
10	Nov. 8 & 10		No Class	or Assianments: NAI National Conf	ference; Treehaven LNT Training serve	s in li	eu of class
Unit	it 4: Safety & Risk Management						
11	Nov. 15 & 17		Outdoor Leadership Ch.16	Legal Aspects	Emergency Management & Risk Management Processes		EAP Essay Due
12	Nov. 22 & 24			No Class: Treehaven Weekend in lieu of class	Thanksgiving		
Unit	5: Program Pl	ann	ing and Assessment				
13	Nov. 29 & Dec. 1		<i>Outdoor Leadership</i> Ch.17	Planning Outdoor Programs: GO PREPARE+ Assign: Program Plan	Program Planning		Draft Program Plan Due
14	Dec. 6 & 8		Outdoor Leadership Ch. 18	Assessment and Evaluation Assign: Leadership Self-Assess	Situational Leadership		Program Plan Due
15	Dec 13 & 15		<i>Outdoor Leadership</i> Ch. 6	Review	Make-Up Day		Leadership Self- Assessment Due
	Finals Week Comprehensive Final Exam: Wednesday, December 20 8:00-10:00 a.m TNR 255						

Technology

Course Technology Requirements

- Access to Canvas: We use Canvas to post the most current version of the syllabus and supportive resources. You need a stable
 internet connection, and a good backup location should you have technical difficulties. View this website to see <u>minimum</u>
 recommended computer and internet configurations for Canvas.
- Access to Printer: Most assignments are handed in on Fridays at 3:00 p.m. Have a primary and a back up printer identified; not having access to a printer or printer ink is not a valid excuse for late work.

Canvas Support

 UWSP contracts with Canvas for 24/7/365 support. Several support options are available to users. Click on the help button (question mark) in the global navigation menu on the left side of the screen and select the support option that best meets your needs. You can self-train on Canvas through the <u>Self-enrolling/paced Canvas training course</u>.

Technology Support

Contact the <u>IT Service Desk</u> for technology issues. You can drop into the IT office located north of Dunkin Donuts, or call them at 715-346-4357 (HELP), or email them at <u>techhelp@uwsp.edu</u>. Consider the <u>Tech Essentials for Student Success (TESS)</u> program.

Electronic Devices

 As a courtesy to those enrolled in the course, I ask that you turn off all cell phones and other devices that may be a distraction to you, your classmates, and the instructor. Research supports greater retention via hand-written notes. If you wish to use an electronic device to take notes, please do so. However, if you are found to be using a device during class for any purpose other than note taking, approved accommodations, or viewing the class PowerPoints, then I will ask you to discontinue this use for the remainder of the semester. Thank you in advance for your professionalism.

Grading Policies

Assessments See detailed instructions and grading rubrics on Canvas.						
Assignments	Points	% of Grade				
Professionalism	20	6%				
Weekly Projects (drop two lowest scoring)	100	31%				
Treehaven LNT Project	100	31%				
Midterm	50	16%				
Final	50	16%				
Extra Credit Opportunities						
Service Learning (posted in Canvas announcements)	Up to 15	-				
Total	320 points	100%				

Letter Grade Assignment

• Final grades assigned for this course will be based on the percentage of total points earned and are assigned as follows:

94 – 100% = A	87 – 89% = B+	80 – 83% = B-	74 – 76% = C	67 – 69% = D+	60 – 63% = D-
90 – 93% = A-	84 – 86% = B	77 – 79% = C+	70 – 73% = C-	64 – 66% = D	< 60% = F

Late Work Policy

- Homework is due Fridays at 3:00 p.m. Homework submitted after 3:00 p.m. is docked -10%. You can submit homework over the weekend by sliding it under the instructor's office door until Monday at 8:00 a.m. for -25%. If you know you will be gone, complete work ahead of time and give it to the instructor or slip it underneath her office door. If you miss the midterm, you can either have the score from the associated portion of the comprehensive final replace the missed midterm or make up the midterm on the scheduled make up day. Final exams are rarely given early; vacation is not a valid reason for missing the final. Exceptions to these policies are rare except for cases arranged far in advance, or unavoidable documented emergencies, or special course accommodations arranged ahead of time with the Disability Resource Center (DRC). Keep in mind that we drop the two lowest scoring weekly projects. However, professionalism dictates that you should attempt to turn in all the projects to meet the learning goals of the class.
- Extra Credit: Recognizing that student lives are complex, there are scheduled extra credit opportunities which allow for some equitable point recovery. Individualized extra credit, re-dos, or re-submissions are not an option in this course except in extreme circumstances.

Participation

Three (3) class absences (for whatever reason) will be allowed. The fourth absence will drop your grade by 5%. Each additional absence will result in your grade being lowered by 5% for each absence. For example, if you are absent from class six (6) times, 15% will be deducted from your final grade. Documentation required for exceptions to this policy. Excessive absences without prior arrangements can lead to dismissal from the course. If you are dismissed, you will receive an F in the course. If you decide to drop the class, please do so using myPoint or visit the Enrollment Services Center. Changes in class enrollment will impact your tuition and fee balance, financial aid award and Veteran educational benefit.

Regrade Request Form

To report a mistake in grading, complete and email this <u>Grade Revision Request Form</u> to the instructor no sooner than 24 hours after an assignment is graded and no later than two weeks after an assignments is graded.

Safety and Professionalism

Standard safety protocols must always be followed during the field-based portion of this course. Any violation of safety protocols will result in loss of professionalism points, and serious violations that put yourself or others in danger can result in being dropped from the course and/or receiving a failing grade.

Viewing Grades in Canvas

Points earned are posted to Grades in Canvas, typically within one week of the due date. Click on the Grades link to view.

Evaluation vs. Coaching

Evaluation is scoring performance. Performance criteria are listed in Canvas rubrics. Feel free to ask for elaboration on scoring by visiting with the instructor.

Coaching is individualized support focused on learning and growth. Coaching includes peer and instructor feedback. Office hours are available for additional coaching.

Student Support Resources

Academic and Career Advising Center (ACAC)

209 Collins Classroom Center (CCC) 1801 4th Ave. Stevens Point, WI 54481 715-346-3226 acac@uwsp.edu

Counseling Center

Delzell Hall 910 Fremont Street Stevens Point, WI 54481 715-346-3553 counsel@uwsp.edu

Mental Health Resources for Students:

- o Mantra Health: Teletherapy & telepsychiatry
 - Diverse therapists
 - After-hours availability
 - Medication evaluations & prescriptions
- You@UWSP:
 - Self-help & Well-being platform
 - Didi Hirsch Mental Health Services: 24/7 mental health support
 - Call or text: 888-531-2142
 - <u>Start a chat session</u>
 - Crisis care available

Dean of Students Office

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2100 Main Street Old Main, Room 212 Stevens Point, WI 54481-3897 Phone: 715-346-2611; Email: DOS@uwsp.edu

Equal Access and Disability Accommodations

If you have a condition that may impact your learning and/or participation in course activities, please contact the <u>Disability</u> <u>Resource Center</u> (DRC). The DRC will engage in an interactive process with students and identify appropriate academic accommodations and auxiliary services in accordance with the University's legal obligations. Instructors, students, and DRC staff work collaboratively to establish any necessary adjustments or supports. Accommodations are rarely applied retroactively so it is vital that students make timely requests. Please let me know if you have questions. The DRC is located in 108 Collins Classroom Center and can be reached at 715/346-3365 and <u>drc@uwsp.edu</u>.

Student Health Service

Delzell Hall 910 Fremont St Stevens Point, WI 54481 715-346-4646

Tutoring-Learning Centers

Stevens Point Campus Tutoring-Learning Center 234 Collins Classroom Center (CCC) 1801 4th Ave. Stevens Point, WI 54481 715-346-3568 tlctutor@uwsp.edu Marshfield Campus Tutoring-Learning Center Library 2000 W. 5th Street Marshfield, WI 54449 715-898-6036 roleary@uwsp.edu Wausau Campus Tutoring-Learning Center Library 518 S. 7th Ave Wausau, WI 54401 715-261-6148 lorandal@uwsp.edu

Additional UWSP Policies

Absences due to Military Service

• As stated in the UWSP Catalog, you will not be penalized for class absence due to unavoidable or legitimate required military obligations, or medical appointments at a VA facility, not to exceed two (2) weeks unless special permission is granted by the instructor. You are responsible for notifying faculty members of such circumstances as far in advance as possible and for providing documentation to the Office of the Dean of Students to verify the reason for the absence. The faculty member is responsible for providing reasonable accommodation or opportunities to make up exams or other course assignments that have an impact on the course grade. For absences due to being deployed for active duty, please refer to the <u>Military Call-Up</u> Instructions for Students.

Academic Honesty Policy & Procedures

Student Academic Disciplinary Procedures

UWSP 14.01 Statement of Principles

The board of regents, administrators, faculty, academic staff, and students at the University of Wisconsin System believe that academic honesty and integrity are fundamental to the mission of higher education and of the University of Wisconsin System. The university has a responsibility to promote academic honesty and integrity and to develop procedures to deal effectively with instances of academic dishonesty. Students are responsible for the honest completion and representation of their work, for the appropriate citation of sources, and for respect of others' academic endeavors. Students who violate these standards must be confronted and must accept the consequences of their actions.

UWSP 14.03 Academic misconduct subject to disciplinary action:

- Academic misconduct is an act in which a student:
 - (a) Seeks to claim credit for the work or efforts of another without authorization or citation.
 - (b) Uses unauthorized materials or fabricated data in any academic exercise.
 - (c) Forges or falsifies academic documents or records.
 - (d) Intentionally impedes or damages the academic work of others.
 - (e) Engages in conduct aimed at making false representation of a student's academic performance.
 - (f) Assists other students in any of these acts.
- Examples of academic misconduct include, but are not limited to: cheating on an examination; collaborating with
 others in work to be presented that is contrary to the stated rules of the assignment; submitting a paper or assignment
 as one's own work when a part or all of the paper or assignment is the work of another; submitting a paper or
 assignment that contains ideas or research of others without appropriately identifying the sources of those ideas;
 stealing examinations or course materials; submitting work previously presented in another course without prior

approval (known as "self-plagiarism); tampering with the laboratory experiment or computer program of another student; knowingly and intentionally assisting another student in any of the above, including assistance in an arrangement whereby any work, classroom performance, examination or other activity is submitted or performed by a person other than the student under whose name the work is submitted or performed.

Artificial Intelligence Policy (AI)

- Students need to cite the source of ideas that are not their own; this includes ideas generated by Artificial Intelligence.
 Here is how AI needs to be cited in this course:
 - In-Text Citation: "When given the prompt of _____, the ChatGPT generated text indicated "_____." (OpenAI, 2023; see Appendix A for the full transcript).
 - Reference List: OpenAI. (2023). ChatGPT (August 21 version) [Large language model]. <u>https://chat.openai.com/chat</u>.
- Use of AI for brainstorming is an appropriate use of this tool, but the source of unique ideas that are not your own need to be cited as above.
- Use of AI as part of the revision process to check your drafts for spelling, grammar, and writing clarity is an appropriate use of this tool if you review the output for accuracy.
- When in doubt about the appropriate use of AI in an academic setting focused on learning, please visit your instructor for prior approval.

Clery Act

• The US Department of Education requires universities to disclose and publish campus crime statistics, security information, and fire safety information annually. Statistics for the three previous calendar years and policy statements are released on or before October 1st in our <u>Annual Security Report</u>. Another requirement of the Clery Act is that the campus community must be given timely warnings of ongoing safety threats and immediate/emergency notifications. For more information about when and how these notices will be sent out, please see our <u>Jeanne Clery Act</u> page.

Commit to Integrity and Professionalism

- As a student in this course (and at this university) you are expected to maintain high degrees of professionalism, commitment to active learning and participation in this class and integrity in your behavior in and out of the classroom.
- To provide more transparency on what is meant by "professionalism" the College of Natural Resources has prepared these <u>CNR</u> <u>Principles of Professionalism</u>.

Confidentiality

• Learning requires risk-taking and sharing ideas. Please keep your classmates' ideas and experiences confidential outside the classroom unless permission has been granted to share them.

Copyright Infringement

• This is the act of exercising, without permission or legal authority, one or more of the exclusive rights granted to the copyright owner under section 106 of the Copyright Act. Each year students violate these laws and campus policies, putting themselves at risk of federal prosecution. For more information about what to expect if you are caught, or to take preventive measures to keep your computing device clean, visit our copyright page.

Dropping UWSP Courses

It is the student's responsibility to understand when they need to consider unenrolling from a course. Refer to the UWSP
<u>Academic Calendar</u> for dates and deadlines for registration. After this period, a serious and compelling reason is required to
drop from the course. Serious and compelling reasons includes: (1) documented and significant change in work hours, leaving
student unable to attend class, or (2) documented and severe physical/mental illness/injury to the student or student's family.

Drug Free Schools and Communities Act

The Drug Free Schools and Communities Act (DFSCA) requires institutions of higher education to establish policies that address
unlawful possession, use, or distribution of alcohol and illicit drugs. The DFSCA also requires the establishment of a drug and
alcohol prevention program. The Center for Prevention lists information about alcohol and drugs, their effects, and the legal
consequences if found in possession of these substances. <u>Center for Prevention – DFSCA</u>

Emergency Procedures

• In the event of a **medical emergency call 9-1-1**. There is a phone available on the first floor of Trainer Natural Resource Building and at the Visitor Center at Schmeeckle Reserve. Help if trained and willing to do so. Guide emergency responders to victims.

- In the event of a tornado warning, proceed to the lowest level interior room without window exposure. See <u>www.uwsp.edu/rmgt/Pages/em/procedures/other/floor-plans.aspx</u> for floor plans showing severe weather shelters on campus. Avoid wide-span structures (gyms, pools, or large classrooms).
- In the event of a fire alarm, evacuate the building in a calm manner. Gather outside the nearest entrance 200 yards away from the building for a head count and further announcements.
- Active Shooter RUN. HIDE. FIGHT. If trapped, hide, lock doors, turn off lights, spread out and remain quiet. Call 9-1-1 when it is safe to do so. Follow instructions of emergency responders.
- See UW-Stevens Point Emergency Procedures at <u>www.uwsp.edu/rmgt/Pages/em/procedures</u> for details on all emergency response at UW-Stevens Point.

FERPA

- The <u>Family Educational Rights and Privacy Act</u> (FERPA) provides students with a right to protect, review, and correct their student records. Staff of the university with a clear *educational need to know* may also have access to certain student records. Exceptions to the law include parental notification in cases of alcohol or drug use, and in case of a health or safety concern. FERPA also permits a school to disclose personally identifiable information from a student's education records, without consent, to another school in which the student seeks or intends to enroll.
- Lecture materials and recordings are protected intellectual property at UW-Stevens Point. Students in this course may use the materials and recordings for their personal use related to participation in this class. Students may also take notes solely for their personal use. If a lecture is not already recorded, you are not authorized to record my lectures without my permission unless you are considered by the university to be a qualified student with a disability requiring accommodation. [Regent Policy Document 4-1] Students may not copy or share lecture materials and recordings outside of class, including posting on internet sites or selling to commercial entities. Students are also prohibited from providing or selling their personal notes to anyone else or being paid for taking notes by any person or commercial firm without the instructor's express written permission. Unauthorized use of these copyrighted lecture materials and recordings constitutes copyright infringement and may be addressed under the university's policies, UWS Chapters 14 and 17, governing student academic and non-academic misconduct.

Inclusivity Statement

• It is my intent that students from all diverse backgrounds and perspectives be well-served by this course, that students' learning needs be addressed both in and out of class, and that the diversity that the students bring to this class be viewed as a resource, strength, and benefit. It is my intent to present materials and activities that are respectful of diversity: gender identity, sexuality, disability, age, socioeconomic status, ethnicity, race, nationality, religion, and culture. Your kindly delivered suggestions are encouraged and appreciated.

Incomplete Policy

- Under emergency/special circumstances, students may petition the instructor for an incomplete grade. An incomplete will only be assigned if a student has made sufficient progress in the course as evidenced by timely communication, regular attendance, and submission of at least 50% of the assignments.
- An incomplete requires the student to meet with the instructor prior to the end of the semester to co-create a written plan for completion, including required deadlines for completion. Failure to follow the written plan immediately voids the agreement and the student will be scored based on work to date.

Religious Beliefs Accommodation

- It is UW System policy (<u>UWS 22</u>) to reasonably accommodate your sincerely held religious beliefs with respect to all
 examinations and other academic requirements. You will be permitted to make up an exam or other academic requirement at
 another time or by an alternative method, without any prejudicial effect, if:
 - There is a scheduling conflict between your sincerely held religious beliefs and taking the exam or meeting the academic requirements; and
 - You have notified your instructor within the first three weeks of the beginning of classes (first week of summer or interim courses) of the specific days or dates that you will request relief from an examination or academic requirement.
 - Your instructor will accept the sincerity of your religious beliefs at face value and keep your request confidential.
 - Your instructor will schedule a make-up exam or requirement before or after the regularly scheduled exam or requirement.
 - You may file any complaints regarding compliance with this policy in the Equity and Affirmative Action Office.

Title IX

• UW-Stevens Point is committed to fostering a safe, productive learning environment. Title IX and institutional policy prohibit discrimination based on sex, which includes harassment, domestic and dating violence, sexual assault, and stalking. In the event that you choose to disclose information about having survived sexual violence, including harassment, rape, sexual assault,

dating violence, domestic violence, or stalking, and specify that this violence occurred while a student at UWSP, federal and state laws mandate that I, as your instructor, notify the Title IX Coordinator/Office of the Dean of Students.

 Please see the information on the <u>Dean of Students webpage</u> for information on making confidential reports of misconduct or interpersonal violence, as well as campus and community resources available to students. For more information see the <u>Title IX</u> <u>page</u>.

ⁱⁱ If you are ill or have a documented excused absence for the LNT Trainer Workshop, you will be assigned an alternative make up project and will not be eligible to earn the LNT Certificate.

ⁱ Syllabus and schedule are Tentative: While I do not anticipate any changes, it is possible that weather, instructor illness or family emergency, or other unforeseen reasons may necessitate updates. The latest version of the syllabus is posted on Canvas. It is the student's responsibility to reference the most recent version. Any major changes will clearly be noted in course announcements. The date of the last update is noted here: *Updated 09/19/2023*.